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Visit us at

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> Questions or concerns? Please email, jlara@herrmanandherrman.com

# WHAT TO DO AFTER A CAR ACCIDENT

A car accident can be a disorienting and stressful experience. Knowing what steps to take immediately after a collision can protect your health and your legal rights. Here are our 7 steps to follow after a car accident.

#### 1. PRIORITIZE SAFETY

• Check for yourself and others for injuries and call 911 if needed.

#### 3. CALL LAW ENFORCEMENT

• A police report can be essential for insurance claims and legal protection.

#### 5. DOCUMENT THE SCENE

 Take photos of the accident site, damages, and injuries.

#### 7. SEEK MEDICAL ATTENTION

 Injuries may not be immediately apparent.
 Make sure to seek medical attention ASAP (within 2 weeks).

#### 2. MOVE TO SAFETY

• If possible, move yourself to a safe location to avoid further danger.

#### 4. GATHER INFORMATION

 Collect names, phone numbers, insurance details, and vehicle descriptions of all involved parties.

#### 6. DO NOT ADMIT FAULT

• Stick to the facts when speaking to the police and insurance companies.

#### 8. CALL HERRMAN & HERRMAN

• Our experienced attorneys can help protect your rights and maximize your compensation.

If you've been injured call **Herrman & Herrman at (361) 882 - HELP** or visit our website for a free consultation.

"Always Putting YOU First!"



WWW.HERRMANANDHERRMAN.COM - 361.882.4357

**MARCH 2025** 

SAN ANTONIO - AUSTIN - DALLAS -FORT WORTH - HOUSTON - CORPUS CHRISTI - BROWNSVILLE - MCALLEN - MONTERREY

# Spring Break Safety Tips DON'T LET AN INJURY RUIN YOUR FUN!

Spring break is just around the corner! It's a time for fun, relaxation, and making memories with friends and family. But amidst all the excitement, it's important to remember that safety should always be a top priority. Whether you are hitting the beach, exploring a new city, or just enjoying some time off at home, here are some tips to help you stay safe and injury-free this spring break.

#### ON THE ROAD:

- **Don't Drink & Drive:** This should go without saying, but's its crucial to emphasize. If you'll be consuming alcohol, plan for a designated driver or use a ride-sharing service.
- **Buckle Up:** Always wear your seatbelt, no matter how short your trip.
- **Avoid Distracted Driving:** Put away your phone and focus on the road. Distracted driving is a leading cause of accidents.
- **Be Aware of Increased Traffic:** Spring break often means more cars on the road. Be patient, stay alert, and allow extra time for travel.

#### AT THE BEACH OR POOL:

- **Swim with a Buddy:** Never swim alone, even if you're a strong swimmer.
- **Know Your Limits:** Don't overestimate your swimming abilities. Stay within designated swimming areas and be aware of currents and tides.
- **Stay Hydrated:** Drink plenty of water, especially in hot weather, to avoid dehydration.
- **Protect Yourself from the Sun:** Wear sunscreen, sunglasses, and a hat to prevent sunburn.

#### **GENERAL SAFETY TIPS:**

- **Be Mindful of Your Surroundings:** Whether you're in a crowded place or exploring a new area, pay attention to your surroundings and be aware of potential hazards.
- **Don't Take Unnecessary Risks:** Avoid activities that could put you at risk of injury, such as climbing unsafe structures or participating in dangerous stunts.
- **Stay Hydrated and Rested:** Make sure you're getting enough sleep and staying hydrated, especially if you're engaging in physical activities.
- Pack a First-Aid Kit: Be prepared for minor injuries with a well-stocked first-aid kit.

#### IF AN ACCIDENT HAPPENS

Even with the best precautions, accidents can happen. If you or someone youe know is injured during spring break, seek medical attention immediately. If the injury was caused by someone else's negligence, you may be entitled to compensation. Contact Herrman & Herrman PLLC for a free consultation. Our experienced personal injury attorneys are here to help you understand your rights and options.

Have a safe and enjoyable spring break!

#### HAVE A SAFE SPRING WITH HERRMAN AND HERRMAN! >-

We've got giveaways, brain teasers, and more safety tips! Check out pages 2-4 for more details!

# WOMEN'S HISTORY MONTH QUIZ GIVEAWAY

In honor of Women's History Month, we are acknowledging the remarkable contributions of women throughout history with an exciting contest! Get ready to flex your historical knowledge, because each week this month, we'll be asking questions about inspirational women in the past.



HOW TO ENTER

Visit our Facebook or Instagram pages (@HerrmanLawFirm) and comment your answer for your chance to win a \$50 gift card! We will randomly choose three winners and those lucky commenters will each receieve a \$50 gift card! three winners and those lucky commenters will each receieve a \$50 gift card!

### WHAT YOU NEED TO KNOW ABOUT ENTERING

Entry Deadline: March 27, 2025 Winners Annouced: March 28, 2025

Clam Your Prize: Respond by noon on March 28, 2025

We are proud to share important knowledge and give back to our community! We can't wait to see your answers. So, gather your friends, share the post, and let's make this an enriching experience together!

Celebrate, learn, and win with us this Women's History Month!

Learn more on our website!

# VICTORY FOR OUR CLIENT!

\$2,75 MILLION!

Our attorney Josh Hopkins settled a motor vehicle accident case for \$2.75 million!

"Always Putting **YOU** First!"

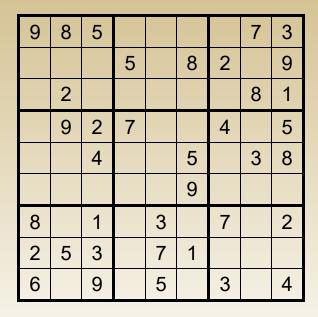
## **ACTIVITY PAGE**

Word search, Crossword puzzle, & Sudoku

NGFORBALLEPTTSMN LEQUALITYIWOMENF

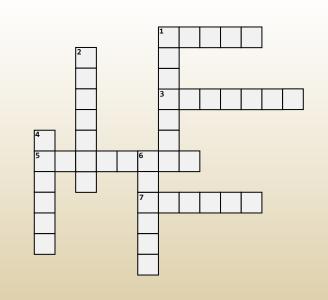
# Find the following words in the puzzle! Words are hidden $\rightarrow \downarrow \searrow \& \nearrow$ .

Spring	Herrman	Equality
Break	Million	Texas
Safety	Justice	Women
Easter	Client	Vacation
Egg	Accident	Sunshine
Hunt	Attorney	Beach



#### Sudoku Rules

*Use numbers 1-9 to fill rows,* columns, and boxes without repeating any numbers.



#### **ACROSS**

- 1. Month celebrating women's achievements.
- 3. Our legal help after an injury.
- 5. Don't let this ruin your fun!
- 7. Time off from school.

- 1. We won this much for a client! 2. What Herrman & Herrman helps you get after being injured.
- 4. Have fun, but remember this!
- 6. A celebration with hidden treats.

